



We build strong kids, strong families, strong communities.



Grand Traverse Bay YMCA
1100 Woodmere
Traverse City, MI 49686

This is not a TCAPS program

Grand Traverse Bay YMCA Recreational Gymnastics classes will meet weekly for six weeks. PreTeam & Team classes are ongoing with monthly payment plan. **Y Gymnastics will have final approval on class placement.** Phone Y Gymnastics at 929-2869 with all gymnastics questions. Session dates:

Winter I (6 weeks): Week of Jan 4 – Week of Feb 8

**** New Tumbling/Cheer Classes! ****

(see back side for all Gymnastics Classes)

Beginner/Intermediate Tumbling/Cheer

Y Members: \$30 non-Members: \$54

____ Tues 4:30 pm ____ Tues 5:30 pm
____ Wed 5:00 pm ____ Thurs 5:30 pm
____ Sat 12:30 pm (all classes 55 minutes)

Advanced Tumbling/Cheer

Y Members: \$30 non-Members: \$54

____ Mon 5:30 pm ____ Tues 6:30 pm
____ Wed 7:00 pm ____ Thurs 6:30 pm
(all classes 55 minutes)

Gymnastics for HS Cheerleaders

Form your own group and set your own times
group of 8 or less: \$42/hr total
group of 9 or more: \$5/hr each



Look for
YMCA
Competitive Cheer
...coming soon!

Name _____ M/F Address _____
Age _____ Grade _____ Birthdate _____ City _____ State _____ Zip _____
Mother's Name _____ (Home) _____ (Work) _____ Current Y Member?: Y/N
Father's Name _____ (Home) _____ (Work) _____ Member Exp Date _____

Liability Release, Sportsmanship Pledge, and Understanding of Mission: I hereby assume all risks incidental to the above person's participation and waive, release, absolve, indemnify, and agree to hold blameless the Grand Traverse Bay YMCA, its organizers, volunteers, sponsors, and other participants for any claim arising out of injury to said person during such participation. I give my permission to the Grand Traverse Bay YMCA for this registrant to appear in photographs, videotapes, etc. associated with YMCA programs. PARENTS: Our staff is trained in child abuse prevention and all sign a code of conduct. Please report any suspicious activity immediately. *I will at all times display the YMCA values of honesty, respect, caring, and responsibility and encourage all gymnasts and coaches in a positive manner. I understand the Y mission in offering this program: to build strong kids, strong families, and strong communities.*

Signed _____ Date: _____

For Office Use Only: **Program 841**

Date received _____ Received by _____ Amount received _____
Method of payment: cash check VISA/MC# _____ Expiration Date _____